

**Shorehaven Behavioral Health, Inc. - Child History**

Child's Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Therapist: \_\_\_\_\_

**Instructions:** Your therapist would like an adult in the family to answer these questions. This will help us better understand your child's or adolescent's situation and problem.

Names of all who reside in household: \_\_\_\_\_

In case of an emergency, name and telephone number of your nearest relative: \_\_\_\_\_  
 Telephone: \_\_\_\_\_

Who referred you?/How did you hear about us? \_\_\_\_\_

**PSYCHOLOGICAL HISTORY**

A. What problem(s) caused you to seek help for your child? \_\_\_\_\_

B. Check if your child or adolescent have had any of these problems or symptoms recently:

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Changes or problems in eating   | <input type="checkbox"/> Drug abuse           | <input type="checkbox"/> Defiant           |
| <input type="checkbox"/> Tearfulness/crying  | <input type="checkbox"/> Changes or problems in sleeping | <input type="checkbox"/> Headaches            | <input type="checkbox"/> Panic             |
| <input type="checkbox"/> Nervousness         | <input type="checkbox"/> Stomach aches                   | <input type="checkbox"/> Irritable            | <input type="checkbox"/> Lying             |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> Difficulty concentrating        | <input type="checkbox"/> Bed-wetting          | <input type="checkbox"/> Sadness           |
| <input type="checkbox"/> Truancy             | <input type="checkbox"/> Lost interest in activities     | <input type="checkbox"/> Impulsive            | <input type="checkbox"/> Running away      |
| <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Fatigue/tiredness               | <input type="checkbox"/> Nightmares           | <input type="checkbox"/> Easily distracted |
| <input type="checkbox"/> Restless, fidgety   | <input type="checkbox"/> Change in friends               | <input type="checkbox"/> Stealing             | <input type="checkbox"/> Tantrums          |
| <input type="checkbox"/> Arguing with adults | <input type="checkbox"/> Excessive worry                 | <input type="checkbox"/> Disruptive in school |  |

Other: \_\_\_\_\_

Fears (circle): dying going crazy crowds dark animals other: \_\_\_\_\_

- C. Have there been any recent **illnesses or deaths** among your family or close friends? \_\_\_ Yes \_\_\_ No
- D. Have there been any recent **crises or major changes** in your life? \_\_\_ Yes \_\_\_ No
- E. Has your child ever experienced any emotional, physical, or sexual **abuse**? \_\_\_ Yes \_\_\_ No
- F. Has your child ever intentionally hurt himself or herself or made a **suicide attempt**? \_\_\_ Yes \_\_\_ No
- G. Has your child taken **medications** for anxiety, depression, sleep, emotional conditions? \_\_\_ Yes \_\_\_ No

- List them: \_\_\_\_\_
- H. Has anyone in your family been in counseling or psychotherapy or had treatment from a psychiatrist before?  
 When and with whom: \_\_\_\_\_
- I. Has anyone in your family had any hospitalization(s) for emotional problems? \_\_\_ Yes \_\_\_ No  
 When and where: \_\_\_\_\_

J. Please name any people or organizations that provide help and support to your family: \_\_\_\_\_

**MEDICAL HISTORY**

A. List any current medical conditions and disabilities of the child: \_\_\_\_\_

B. Is your child taking any medications?  Yes  No List them: \_\_\_\_\_

C. List past medical conditions (include any surgeries): \_\_\_\_\_

D. Name of your physician(s) and their telephone number(s) and address(es): \_\_\_\_\_

E. Has your child had a medical exam within the past year? \_\_\_ Yes \_\_\_ No

Findings: \_\_\_\_\_

F. Indicate anyone in the family who has had these problems:

Problem	Who	Problem	Who	Problem	Who
Allergies to Medications: _____		Diabetes _____		Seizures _____	
Allergies _____		Emphysema _____		Sexual difficulties _____	
Anemia _____		Eye/ear/vision _____		Sexually transmitted disease _____	
Arthritis _____		Fatigue _____		Skin problems _____	
Asthma _____		Head injuries _____		Speech/language _____	
Back problems _____		Headaches _____		Thyroid _____	
Bowel problems _____		Heart problems _____		Other (e.g. genetic): _____	
Cancer _____		Kidney problems _____			
High blood pressure _____		Liver problems _____		Any <i>Disabilities</i> _____	
Chronic pain _____		Neurological problem _____			
Constipation _____		OB/GYN problems _____			
		PMS _____			

**Please complete the 2<sup>nd</sup> page-**

**DRUG AND ALCOHOL USE**

A. Please describe the drug and alcohol use of your family. Whether substances are used by the youth or parents or siblings, chemical use in the family often has a profound influence on child development. Use the number which best states how often each person uses each drug.

**0 = Never or less than once a month, 2 =weekends only, 3 = up to 10 days a month 4 = 11-20 days a month, 5= daily or almost daily, 6 = used in past, not using now. If you view this pattern as a problem, circle the number.**

Who	Beer/Wine/Liquor	Nicotine	Marijuana	Crack/Cocaine	Inhalants/Huffing	Speed/Ecstasy/Amphetamines	Opiates/Pain meds/Oxy/Vicodin/Downers	LSD, over-the-counter meds, others
Child-client								
Mother								
Father								
Step-parent								
Sibling								
Other: Who? _____								

- B. Are you **concerned** about your child or adolescent's drug or alcohol use? \_\_\_ Yes \_\_\_ No
- C. Does he or she get angry when others criticize the use of drugs or alcohol? \_\_\_ Yes \_\_\_ No
- D. Are you concerned about the drug or alcohol use of someone else in your family? \_\_\_ Yes \_\_\_ No
- E. Did your child grow up in a home at a time when a parent abused drugs or alcohol? \_\_\_ Yes \_\_\_ No
- F. Did you grow up in a home in which a parent abused drugs or alcohol? \_\_\_ Yes \_\_\_ No
- G. Age at child's first drink? \_\_\_\_\_ Age of first use of other drugs? \_\_\_\_\_

**LEGAL PROBLEMS**

- A. Has your child or adolescent ever been arrested (including OWI/DUI)? \_\_\_ Yes \_\_\_ No
- B. Have you ever been involved with Protective Services? \_\_\_ Yes \_\_\_ No
- C. Please list other legal problems:

**SCHOOL AND WORK HISTORY**

- A. Is your child or adolescent currently enrolled in school? \_\_\_ Yes \_\_\_ No
- B. Highest grade completed? \_\_\_\_\_
- C. Describe child's usual performance in school? Has it changed? \_\_\_\_\_
- D. Occupation(s) of child's parent(s): \_\_\_\_\_

What strengths and good behaviors does your child have which will enable him or her to help resolve problems:

What experiences, needs, or difficulties does your child have which do or may pose challenges?

What family and community supports and resources are available to your child to help him or her?

Please tell us about any lifestyle or family values, including religious values, which affect your child positively or negatively or which we should know about?

Lastly, please tell us about your child's recovery? For instance, What would you like to see happen? What are the priorities for changes? What are the recovery goals?